



RECOVER YOUR PURPOSE

www.loptreatment.com

1-888 purpose

SURVIVE AND THRIVE

Our mission is to support each individual in creating a life worth being sober for. We believe recovery and success are not mutually exclusive but that success in long-term recovery relies upon the pursuit of one's passions, vision, and purpose. Life of Purpose is designed to support individuals in acknowledging their self-worth and their capabilities by pursuing commendable acts while simultaneously receiving clinical and medical support for their recovery.

SERVICES

- Psychiatric Care offered by a psychiatric nurse practitioner
- Medical care provided by an on-site, full-time nurse
- Cognitive behavioral therapy, motivational interviewing, narrative therapy, adventure therapy, and cognitive reframing
- A dedicated case manager to address legal concerns and coordinate with the clinical team

ACADEMICS

- Education and life skills included in all treatment plans
- We prepare clients for GED, SAT, ACT, GMAT, GRE, LSAT, and MCAT exams
- We manage enrollment for high school completion, college as well as vocational and certification programs
- An existential, strengths-based approach with a focus on empowerment through higher education and the establishment of self-efficacy



SUPPORT

- Family program and support provided
- Alumni support
- Weekly family participation with clinical staff and case management during a client's treatment is required

A STRENGTHS-BASED INTERVENTION

Traditionally, emerging adults have been diverted away from higher education due to the view that a university campus is an "abstinence-hostile" environment. The alternative to the pursuit of higher education is full-time employment in the skilled workforce. The lack of upward mobility and perceived stagnation created by this dynamic undermines the progress made during treatment and the individual's ability to maintain recovery. The addition of even a single class in conjunction with part-time employment fundamentally changes a young adult's perception of self and the direction of one's life.

ACADEMICALLY FOCUSED AFTERCARE

- Full-time academic case managers work with clients one-on-one to review class assignments, prepare for class projects and exams, as well as help clients develop effective study habits and the tools to deal with the pressures of being a student.
- A supportive infrastructure allows for potential barriers to be identified early and addressed either clinically or academically as needed.

LIFE OF PURPOSE FL

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LIFE OF PURPOSE PA

Our Reality-Based Treatment Model focuses on strengthening life skills and spans all levels of care, detox through traditional outpatient. In this modality, we assess a person's strengths and weaknesses to help individuals adapt to a successful sober lifestyle. Reality Based Treatment programming includes emotion regulation, cognitive behavioral therapy, and trauma-informed treatment.

Ft. Washington, PA | Yardley, PA | Bala Cynwyd, PA

